



Adventurers

Brave

I can take responsibility, showing confidence in myself and my contribution to the group.

I can challenge others' thinking, not always believing something just because everyone else does.

I can speak in favour of views and beliefs that may differ from my own.

I invite feedback and deal positively with praise, setbacks and criticism.

Risk-Taker

I can anticipate, take and manage risks.

I am prepared to try things out even if they might not work.

I trust my intuition and feelings.

I can question my own as well as others' assumptions.

Resilient

I can respond positively to change, seeking advice and support when needed.

I can discuss issues of concern, seeking solutions to problems where needed.

I seek out challenges or new responsibilities and show flexibility when priorities change.

I can adapt my ideas as circumstances change.

Prepared

I can consider the influence of circumstances, beliefs and feelings on forthcoming decisions and events.

I can propose practical ways forward, breaking these down into small, manageable steps.

I can plan and carry out research, understanding the consequences of decisions.

I can organise my time and resources, making sure I do the most important tasks first.